

## Parental Advice For E-Safety

Following the successful E Safety Day we ran at school on 20<sup>th</sup> October we have put together a few tips from those sessions delivered by Karl Hopwood of E-Safety Ltd that you might find useful in helping your child to safely navigate the internet and social media:

- The terms and conditions of many sites state that their users need to be a certain age. Anyone using them under this age can be reported and their membership revoked. ( e.g. Facebook users have to be 13)
- Games also come with age restrictions. As you would with films don't be afraid to impose these rules on your children.
- Ask a "cool" uncle/aunt or cousin to "friend" your child. They can keep a watchful eye, not be upset by every minor indiscretion, yet you would be confident that they would tackle a larger issue.
- You'll never keep up with the constantly changing technologies...so don't spend your energy trying to do so. Instead talk to your children about your family's values and morals. Ask them to think about how they would apply these online.
- Discuss your child's digital footprint with them. Colleges, universities and prospective employers are increasingly searching social networking sites to assess suitability. A negative post or inappropriate photograph could come back to haunt them years later. Encourage them to only post positive comments in response to other people.
- Always encourage them to report abuse to the site administrators or to CEOP if you feel they need online protection or have been exploited in anyway.

Here is a link on tips for talking to your child about staying safe online

<https://www.imperosoftware.co.uk/child-safety-online-tips-talking-child-staying-safe-online/>

For those who have Facebook accounts, here is a link about making your account safer

<http://nakedsecurity.sophos.com/2014/05/27/5-tips-to-make-your-facebook-account-safer-updated/>

If you require more information, Google "tips about children staying safe online".