



# Sherburn High School

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**The STAR**  
MULTI ACADEMY TRUST

Dear parents, carers and students,

## Easter Revision Sessions – for Years 13 and 11

Year 13	
Thursday 10th April	<b>A level PE: Coursework clinic</b> 9 a.m. - 12 p.m. ICT 7
Monday 14th April	<b>A level maths</b> 9 a.m. - 12 p.m. M1

Year 11	
Tuesday 8th April	English 10:00 a.m. - 12:00 p.m. Maths's block
Thursday 10 <sup>th</sup> April and Friday 11 <sup>th</sup> April	French from 8:30 a.m. – 12:30 p.m. Students will be invited to attend for an individual appointment for a mock speaking test

## Celebrating our students!

It's that time in the term when staff are busy looking at their class lists and deciding which student is worthy of a positive postcard home.

Parents and carers, please do check your emails next week to check if your child has been selected!

And, don't forget – our Praise Breakfasts next week are in celebration of our students who have supported our "Community" The Key Stage 3 Breakfast is on Tuesday and the Key Stage 4 Breakfast is on Thursday. I look forward to seeing lots of our students there!

## Governance Support Officers required

### Are you seeking a flexible, part-time clerical role?

The STAR MAT is looking to recruit organised individuals to support our school Local Governing Bodies with clerking and general administration. Flexible, term-time hours, primarily evenings, perfect for fitting around other commitments. Manage your own workload from home, attending approx. 6 meetings per school per year plus training and support meetings. Full training provided. To find out more about this rewarding role supporting the MAT's schools and to apply, see

Fixed term with a view to permanent: <https://mynewterm.com/jobs/17011/EDV-2025-SMAT-73051>

Maternity cover: <https://mynewterm.com/jobs/17011/EDV-2025-SMAT-66656>

## And finally....

Please take the time to read the information below, to help us in our drive to safeguard our students.


Thank you as always for your on-going support,

Kind regards

Miriam Oakley

[www.youcantknoweverything.com](http://www.youcantknoweverything.com)

# Incel culture PARENT GUIDE




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The recent **Netflix drama Adolescence** has highlighted the troubling rise of incel (involuntary celibate) communities and their influence on young people. As a parent, it is important to understand this online subculture, recognise warning signs, and engage in open conversations with your child. This guide explains incel ideology, key terms, signs to look out for, and conversation starters to help you support your child. You can find further support on our website.

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### What is an incel?



The term **incel** stands for 'involuntary celibate' and refers to men who believe they are unable to form romantic or sexual relationships despite wanting to. Some incel communities foster resentment towards women, blaming them for their perceived misfortune. These forums (often online) can promote misogyny, victimhood, and, in extreme cases, radicalisation.

### Key Incel Terminology

**Red Pill** – From The Matrix, refers to 'waking up' to the 'truth' of gender dynamics, as incels perceive them.

**Chad** – An attractive, successful man who is desirable to all women.

**Stacy** – An attractive woman who is seen as prioritising men like Chad.

**Becky** – An average woman, often contrasted with a Stacy.

**Femoid/Foid** – A dehumanising term, implying women are inferior.

**Black Pill** – Belief that nothing changes with self improvement or effort.

**80/20 Rule** – A theory suggesting that 80% of women are attracted to 20% of men, fuels resentment.


**Andrew Tate** - A key promoter of incel ideology.

### Signs to Look Out For:

- Low self-esteem
- Use of incel language
- Hostility towards women
- Isolation and secrecy
- Increased frustration & anger

### Conversation Starters:

- What do you think makes a healthy relationship?
- Do you think it's fair to blame one group of people for personal difficulties?
- How do you decide whether something you read online is trustworthy?



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