



If you have any questions
please contact
tewv.wimtwsa@nhs.net

ONLINE WEBINAR AUTUMN TERM SCHEDULE 2026

WEBINAR DATES

September - Anxiety

- Wednesday 30th Sept 6pm -7pm

October - Resilience

- Monday 19th October 4pm -5pm

November - Friendship

- Monday 23rd November 4pm -5pm

December - Sleep

- Monday 7th December 4pm -5pm

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All webinars can be accessed through **Microsoft Teams** and are free to join. We welcome young people, parents and carers, teachers and other professionals to join. Joining information will be posted on our social media channel closer to the time.